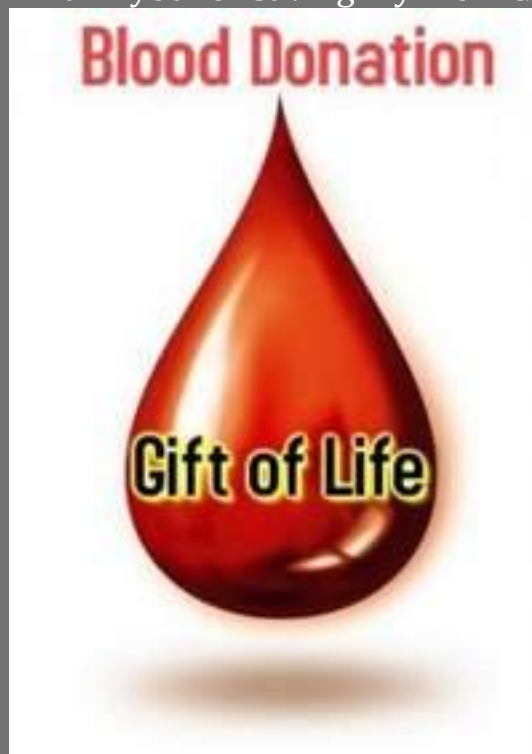




GOA STATE AIDS CONTROL SOCIETY

June- July 2015

"Thank you for saving my life" "Getting to Zero" Vol- VI No.5



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Day



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World Blood Donor Day

- **Date: 14th June 2015**

Location: Conference Hall, Directorate of Health Services, Campal.

A State Level function was held at the Conference Hall at DHS to observe the World Blood Donors Day. The theme for the year's campaign **"Thank you for saving my life"** was highlighted. The Welcome address was delivered by the Director of Health Services Dr.Sanjeev Dalvi. The key note address was delivered by Dr.Varsha Munj Sr. Pathologist, North District Hospital. The Chief Guest was Shri. Sidharth Kuncalienkar the Honb'le MLA of Panaji constituency.



Dr.Sanjeev Dalvi



Lamp Lighting



Dr.Varsha Munj



Shri Sidharth Kuncalienkar

Individuals as well as organizations have contributed greatly to ensuring safe blood is available to the needy by holding blood camps and encouraging eligible donors to give the gift of life. Five organizations namely Cipla Ltd., 2 Signal Training Centre, Police Training School, JCI & Club Mahindra were felicitated with mementos and certificates as appreciation for work done and

encouragement to carry the work further.



The Project Director GSACS **Dr. Vandana Patankar** delivered the vote of thanks.



Various other organizations as well as Health centres under Directorate of Health services also observed the day.

Primary Health Centre – Corlim organized a talk at Our Lady of Diwar High School on 13th June 2015. Dr. Yogesh Dessai, Medical officer, School health gave a talk on Blood Donation. A blood donation camp was also organized.



The following points were discussed:

- Blood Transmission facts
- Risk
- Screening and supply
- Blood Donation
- Blood Products and Treatment
- Advantages and

disadvantages of donation and transfusion.

- Those experienced in Blood Donation shared their experiences.

IEC material was displayed and refreshments were provided after the presentation.



Phone in Programme



Goa SACS had an hour long programme in interview format on Goa Doordarshan on WBDD. DD (IEC) Shri .Umakant Sawant anchored the programme the panelists were Dr. Rahul Ramakrishnan DD (BS) GSACS and Dr. Kripa Jog Senior Pathologist North District hospital. The programme was very informative highlight lighting issues related to safe blood and blood products and also encouraged the youth to donate blood voluntarily.



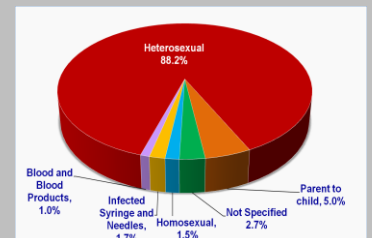
Prevention of Parent-to-Child Transmission (PPTCT)

Mother-to-child transmission of HIV is the spread of HIV from an HIV-infected woman to her child during pregnancy, childbirth (also called labor and delivery), or breastfeeding. Mother-to-child transmission of HIV is also called perinatal transmission of HIV. Mother-to-child transmission is the most common way that children become infected with HIV.

In the absence of any interventions transmission rates range from 15-45%. This rate can be reduced to levels below 5% with effective interventions. The global community has committed itself to accelerate progress for the prevention of mother-to-child HIV transmission (PMTCT) through an initiative with the goal to eliminate new pediatric HIV infections by 2015 and improve maternal, newborn and child survival and health in the context of HIV.

Key Points :

- Mother-to-child transmission of HIV is the spread of HIV from an HIV-infected woman to her child during pregnancy, childbirth (also called labor and delivery), or breastfeeding. Mother-to-child transmission is the most common way that children become infected with HIV.
- Pregnant women with HIV receive HIV medicines during pregnancy and childbirth to reduce the risk of mother-to-child transmission of HIV. In some situations, a woman with HIV may have a scheduled cesarean delivery (also called a [C-section](#)) to prevent mother-to-child transmission of HIV.
- Babies born to women with HIV receive HIV medicine for 6 weeks after birth. The HIV medicine reduces the risk of infection from any HIV that may have entered a baby's body during childbirth.



Essential Package of PPTCT Services

- Routine offer of HIV counseling & testing with “opt-out” option
- Ensure Involvement of spouse & family members
- Promote Institutional deliveries of positive pregnant women
- Provision of Care for STI/RTI, TB and Opportunistic Infections
- Nutritional counseling & psychosocial support to positive pregnant women
- Antiretroviral prophylaxis to infants
- Follow-up of HIV-exposed infants
- Cotrimoxazole prophylactic therapy & early infant diagnosis

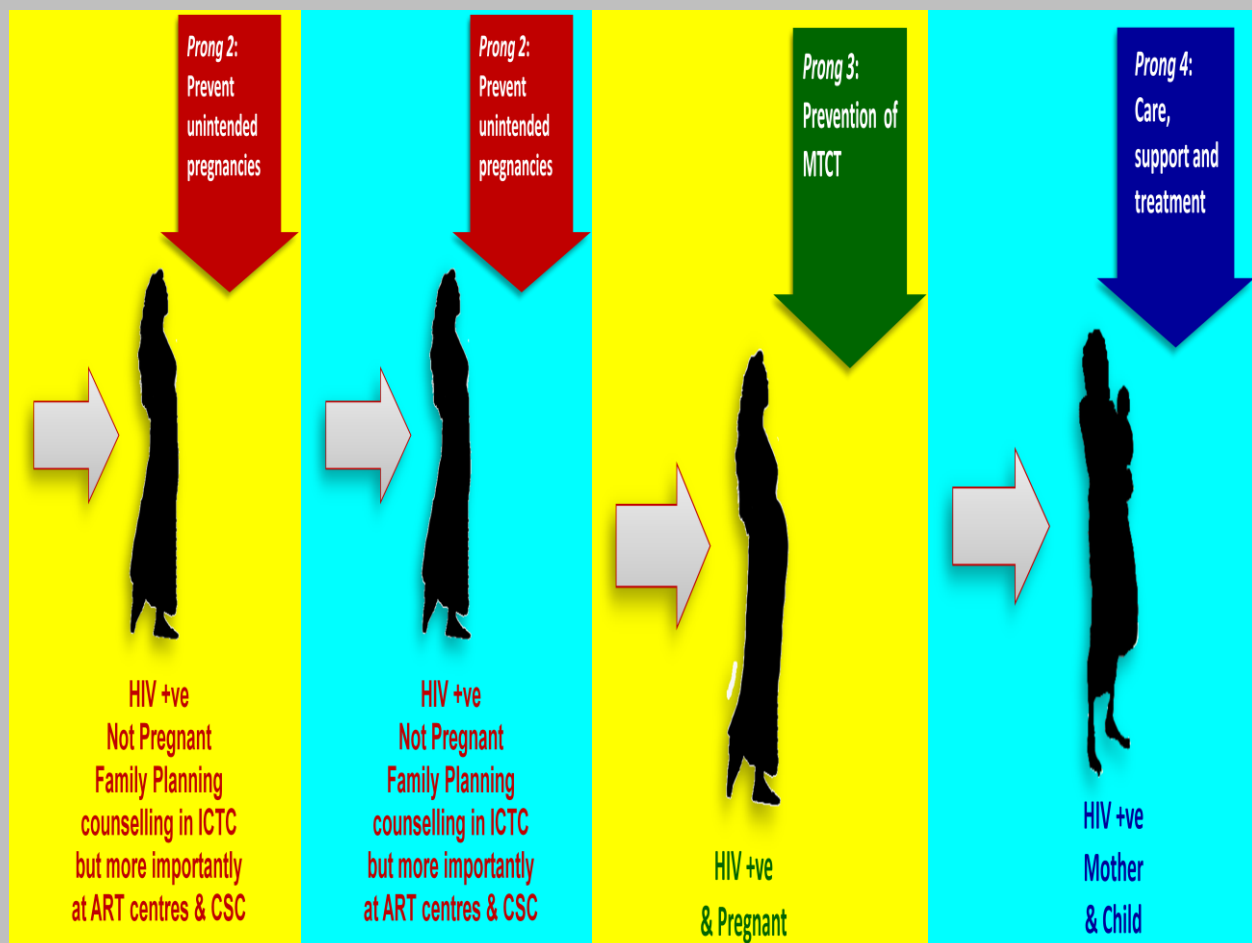


Effective PMTCT programmes require women and their infants to receive a cascade of interventions including uptake of antenatal services and HIV testing during pregnancy, use of antiretroviral treatment (ART) by pregnant women living with HIV, safe childbirth practices and appropriate infant feeding, uptake of infant HIV testing and other post-natal healthcare services.

The World Health Organisation (WHO) promotes a comprehensive approach to PMTCT programmes which includes:

- Prevention of new HIV infections among women of childbearing age
- Preventing unintended pregnancies among women living with HIV
- Preventing HIV transmission from a woman living with HIV to her baby

Providing appropriate treatment, care and support to mothers living with HIV and their children and families



Proposed Physical target for Testing of ANC clients is 28083 in the Financial year 2015-16

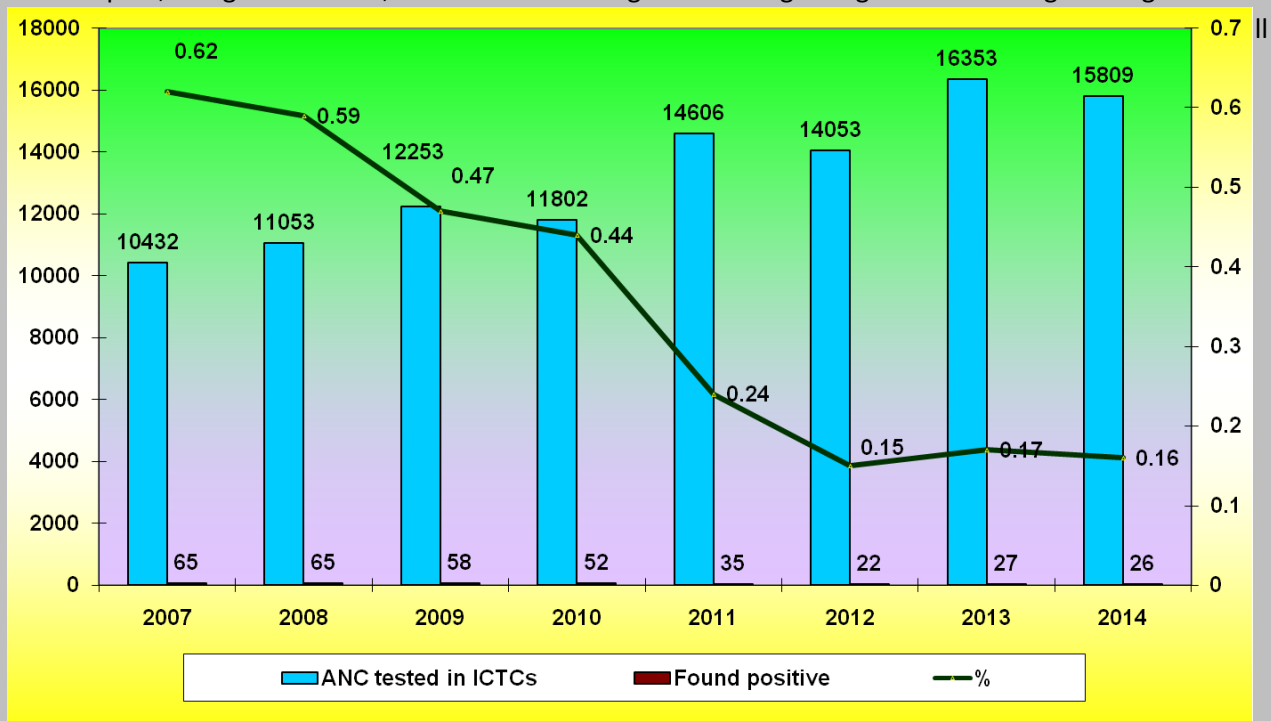
PPTCT Coverage

Coverage of ANC clients in the financial year 2012-13, 2013-14 and 2014-15 in the ICTCs is as follows:

Year	Target for ANC Counseling And testing of clients	No. of ANCs actually Counseled and tested	No. of clients Diagnosed to be HIV POSITIVE	Positivity Rate
2012-13	21000	14,353	27	0.19
2013-14	21000	13,864	26	0.19
2014-15	21000	13,351	18	0.13

Early Infant Diganoses (EID)

In order to establish if the infant has acquired HIV infection or not, Polymerase Chain Reaction (PCR) testing has been made available through DBS (Dried Blood Spot). This test will be done in infants from 6 wks to 18 months through the PPTCT Centres at GMC, Bambolim, District Hospital, Mapusa, Hospicio Hospital, Margao and ICTC, Chicalim. The new guidelines regarding the DBS testing is being framed and



Year wise	ANC Registered	ANC Counsell ed	Teste d	ANC found positive	% positi ve	Total +ve delivery	Live birth among Positive delivery	MB Pair covered with Nevirapine	% MBP pair against positive Identificati on
2003	2903	2707	2567	38	1.48	19	24	18	94.7
2004	3755	3714	3717	47	1.26	45	43	40	88.9
2005	3208	3073	3068	41	1.34	29	25	21	72.4
2006	8139	7387	7357	75	1.02	51	51	46	90.2
2007	12758	10489	10432	65	0.62	66	62	65	98.5
2008	12705	11117	11053	65	0.59	45	46	53	117.8
2009	12981	12355	12250	58	0.47	56	58	64	114.3
2010	12988	11848	11802	52	0.44	27	27	27	100
2011	17109	14625	14606	35	0.24	17	17	17	100
2012	16313	14054	14053	22	0.16	23	23	23	100
2013	17522	14558	14555	27	0.19	29	29	29	100
2014	17246	13342	13344	26	0.19	22	22	9	41
Total	137627	119269	118804	551	0.46	429	427	412	96.0

PPTCT CENTRES, GOA:

- 1 Centre, Department of Gynaecology, Bambolim
2. Dept. of Gynaecology, North Goa District Hospital, Mapusa.
- 3 Hospicio, hospicio Hospital, Margao.
4. Sub District Hospital, Ponda.

YOUNG PEOPLE PERFORM FLASH MOB AGAINST DRUG ABUSE

In commemoration of the International Day against Drug Abuse and Illicit Trafficking which took place on the 26th June 2015, Positive People along held flash mobs across the state which aimed to incorporate awareness against drug abuse. The message was loud and clear “Just say “No” to drugs

The first inaugural flash mob was held at Kadamba Bus Terminus, Panjim which had presence of Jeetendra Ranjan, Superintendent, and Narcotics Control Bureau, Goa Sub Zone explaining and seeking support to eradicate the menace of alcohol and drug abuse.

The 40 odd students from Fr. Agnel College, Pilar performed to dance choreographed by renowned dancer David Furtado and his team on the sound track “Zindagi Aa Raha Hoon Main”, highlighting in importance of life. The flash-mob was intended for casual visitors and students at public places. like bus stands of Panjim, Mapusa and Margao and more vulnerable areas like Calangute, to attract their attention, and participation. During the event, volunteers handed out awareness materials to everyone. The event received wide appreciation and support from public at all the places.



HIV/ AIDS Talk at Fatima High School, Margao

Fatima High School, Margao and the Members Fatima Convent Ex-Students Association invited GSACS officials , as Resource experts to address 300 Students from VIIth, IXth and Xth Standards on the topic, 'HIV/ AIDS', to create awareness and understanding of the preventive measures and the dangers of contracting HIV also the empathy we need to show towards those affected.

Mrs. Jeunesse Ditosa Fernandes, Assistant Director Youth Affairs addressed the students regarding the Society of AIDS Control in Goa and the Central Govt. of India and NACO initiative to conduct awareness on HIV/ AIDS Prevention, about the Society its various departments, services offered and work done in this field in Goa.

The Teach AIDS Audio Visual was screened and a discussion was initiated on answering any doubts and misconceptions the students had. There was an enormous response of various questions that were answered by Mrs. Asha Vernekar, Team Leader PHFI. She was able to answer all the questions and clear their doubts.

Upcoming Event

