



Goa State AIDS Control Society

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Contents



Sensitization for Drishti Lifeguards



RED RIBBON CLUB PROGRAM



Sensitization Workshop for workers
Schneider of Electricals India Pvt Ltd.



Quarterly joint meeting of ICTC & DMCs for
sensitization & review of cross referrals



Executive Committee / State Grievances Redressal
Committee / Co-ordination committee on review of joint
HIV/TB activities meetings



SENSITIZATION WORKSHOPS FOR LIFE GUARDS OF DRISTHI, GOA

A series of HIV/AIDS awareness programmes were held for life Guards of Dristhi in HIV/AIDS. We covered 32 beaches and the Lifeguard training centers along the entire costal line of Goa.

Beaches are the main tourist attractions in Goa .Dristhi Group has been contracted by the Tourism Department to provide Lifeguard services along the entire coastline of Goa. The need was felt by the group to impart its Lifeguards with information on HIV/ AIDS to enable them to protect themselves given the nature of work and clear their myths and misconceptions.

North Goa		
09/02/2015	Monday	Ashwem / Arambol / Querim / Morjim
10/02/2015	Tuesday	Vagator / Anjuna / Baga 1 / Baga 2
11/02/2015	Wednesday	Calangute / Canolim/ Sinquerim
12/02/2015	Thursday	Miramar / Dona Paula / Siridao
South Goa		
13 /02/ 2015	Friday	Baina / Bogmolo / Hollant
16 /02/ 2015	Monday	Velsao / Utorda / Majorda / Betalbatim
17 /02/ 015	Tuesday	Colva / Serabatim / Benaulim / Varca
18/02/ 2015	Wednesday	Zalor / Cavellosim / Mobor
25/02/2015	Wednesday	Agonda / Palolem / Patnem / Galgibab

The workshops were held at 35 plus towers of Life Guards and 2 training centers in North/South Goa for the new recruits of Dristhi were covered. Around 700 plus life guards were sensitized on HIV/AIDS.





RED RIBBON CLUB PROGRAM

Date: 24/02/2015

R & P Salkar HSS conducted a RRC Activity at 11:00am at the School. The Programme commenced with the Welcome by Principal Shri. Sandeep Sawal.

A talk on HIV/ AIDS was delivered by Shri Umakant Sawant, Deputy Director (IEC) and Smt. Jeunesse D. Fernandes Assistant Director (Youth Affairs).



The folk troupe artist Shri Ram Naik performed a Magic Show which spread the message of Causes and Prevention of HIV/AIDS. The winners of the Poster Competition were felicitated by Shri. Umakant and Smt. Jeunesse Fernandes. There were 50 students in attendance and all were enrolled in the RRC



SENSITIZATION WORKSHOP FOR SCHNEIDER ELECTRICALS INDIA PVT LTD.

Date: 4th February 2015.

Venue: Schneider Electricals India Conference Hall, Verna, Goa.

Sensitization workshop on HIV/AIDS was held for Schneider Electricals employees on 4th of February 2015. Dr. Soccorro Quordos, Health Officer, PHC Cortalim conducted the workshop, he spoke about high risk behavior and human behavior related to HIV/AIDS. Ms. Asha Vernekar Team leader TSU and Ms. Ingrid Carvalho Asst. Dir. (SP & M) spoke on stigma and discrimination. The Human Resource Manager Mr. Parab was very committed to the cause and ensured that Schneider Electricals involvement in the community.



The sessions were very interactive, the employees has genuine concerns about HIV/AIDS and hoax messages which pass around. The workshop was attended by 25 employees of Schinder Electricals.



QUARTERLY JOINT MEETING OF INTEGRATED COUNSELLING TESTING CENTRES(ICTC) & DESIGNATED MICROSCOPIC CENTRES (DMC)FOR SENSITIZATION & REVIEW OF CROSS REFERRALS

Date: 4th February 2015

Venue: Conference Hall, GSACS.

The quarterly meeting joint meeting of ICTCs and DMCs for sensitization & review of cross referrals started with a welcome and presentation by Mr.Pravin Kamble, District co-ordinator Axshaya Project of Voluntary Health Association of Goa(VHAG) in which he gave a overview of the activities carried out by VHAG under Akshya project. The review of the TB HIV case detection for the period from January to December 2014 was done by Dr.Narayan Kamat Dalal and Shri. Ashpak Sheikh. They discussed ways to motivate patients with symptoms suggestive of TB to undergo sputum examinations.



They discussed the importance of providing adherence counselling for TB treatment, and explain the importance of Anti Retroviral Therapy evaluation and treatment.



EXECUTIVE COMMITTEE / STATE GRIEVANCES REDRESSAL COMMITTEE & STATE CO-ORDINATION COMMITTEE & TECHNICAL WORKING GROUP FOR HIV/TB ACTIVITIES

The following Committees held their meetings on 20th January 2015 at the Conference Hall at Goa Secretariat complex.

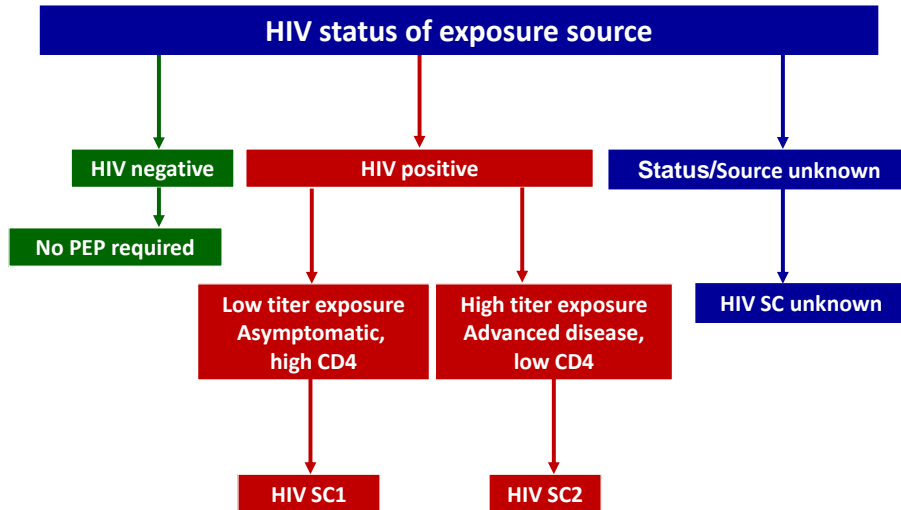
- **Executive committee**
- **State Grievances Redressal Committee**
- **State Co-ordination committee & Technical working group for HIV/TB activities.**

They were chaired by Dr. Sharat Chauhan, Commissioner & Secretary (Health). Director GSACS, Member Secretary. The members present reviewed the minutes of the previous meetings and contributed their valuable suggestions regarding the issues presented at the meetings.



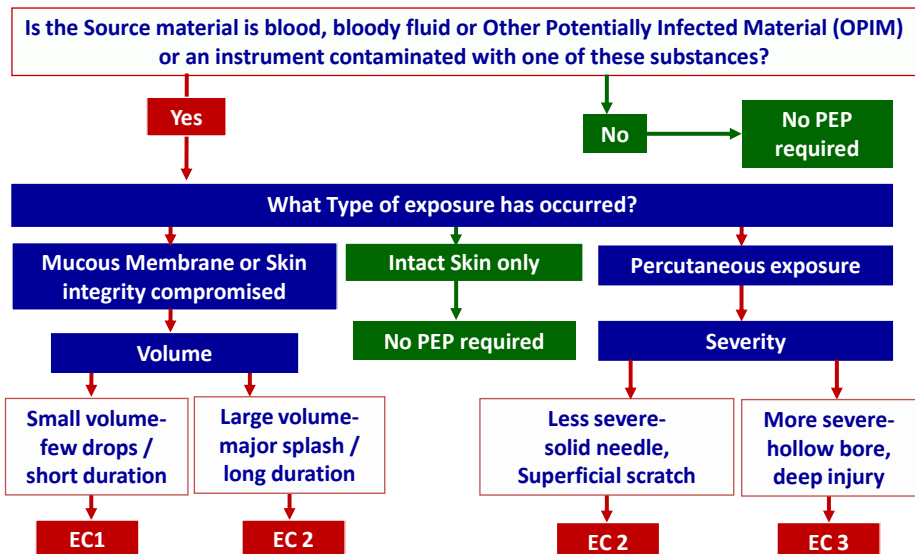
Post Exposure Prophylaxis (PEP)

HIV Source code



PEP

HIV Exposure code



PEP

1. PEP recommendations

a) Occupational Exposure

Exposure codes*	HIV Source Code	PEP Recommendations	Duration
1	1	Not Warranted	28 days
1	2	Recommended	28 days
2	1	Recommended	28 days
2	2	Recommended	28 days
3	1or 2	Recommended	28 days
2/3	Unknown	Consider PEP if HIV prevalence is high in the given population & risk categorization	28 days

- b) **In case of sexual assault:** PEP should be provided to exposed person in case of sexual assault as a part of overall package of post sexual assault care.

2. PEP regimen

- a) Whenever PEP is indicated and source is ART naïve or unknown: recommended regimen is Tenofovir 300mg + Lamivudine 300mg +Efavirenz 600mg once daily for 28 days. Whenever available single pill containing these formulations should be used. Dual regimen should not be used any longer in any situation for PEP.
- b) The first dose of PEP regular should be administered as soon as possible, preferably within 2 hours of exposure and the subsequently dose should be at bed time with clear instructions to take it 2-3 hours after dinner & to avoid fatty food in dinner.
- c) In case of intolerance to Efavirenz, regimen containing Tenofovir + Lamivudine + PI (ATV/r or LPV/r) can be used after expert consultation by an experienced physician.
- d) In case of exposure where source is on ART, Tenofovir 300mg+ Lamivudine 300mg+ Efavirenz 600 mg should be started immediately. And an expert opinion should be sought urgently by phone /e-mail from CoE /ART Plus centre.
- e) Appropriate and adequate counseling must be provided regarding possible side effects adherence and follow up protocol.



Number of persons counseled, tested and found positive in ICTCs for February 2015

February 2015	No. of persons tested for HIV			No. found HIV +ve out of 1st test	
	General	ANC	Total	General	ANC
ICTC, GMC	563	234	797	14	0
ICTC,Asilo	424	206	630	3	0
CHC, Pernem	128	12	140	0	0
CHC, Valpoi	235	79	314	0	0
ICTC, Hospicio	410	258	668	4	0
ICTC, Cottage Hospital	701	136	837	3	0
ICTC, Curchorem	151	53	204	1	0
ICTC, Sub District Hospital, Ponda	378	168	546	3	0
ICTC, Canacona	74	48	122	0	0
ICTC, TB & Chest Hospital	140	0	140	3	0
ICTC, Candolim	178	22	200	0	0
Total	3382	1216	4598	31	0



ZERO

**NEW HIV INFECTIONS
DISCRIMINATION
AIDS-RELATED DEATHS**